



NI-KKO ROMA OPEN TAEKWON-DO ITF 2019



23-24 FEBBRAIO

2019



NI-KKO ROMA OPEN TAEKWON-DO ITF



PALATORRINO - VIA FIUME GIALLO, 47 ROMA





NI-KKO ROMA OPEN TAEKWON-DO ITF 2019

Invitation

July 20th, 2018

Dear ITF Members,

This is to invite you to the **NI-KKO ROMA OPEN TAEKWON-DO ITF – 4th Edition 2019** that will be held in Rome, Italy on **February 23-24, 2019** according to the following daily program:

Saturday February 23rd, 2019 – Juniors, Seniors and Veterans

Sunday February 24th, 2019 – Children and Cadets

Please receive all the necessary information to attend the **NI-KKO ROMA OPEN TAEKWON-DO ITF** event.

Closing of the online registration will be on Monday 18th February, 2019 at 23:00.

Electronic scoring system and large screens are available to have a professional approach.

We are looking forward to meeting you in the historical city of Rome.

EXTREMEFIGHTERS TEAM

GM Wim Bos
Master Stefano Minotti
Master Leandro Iagher
Mr. Paolo Gentile
Mrs. Tiziana Mimmocchi

extremefighters1@gmail.com



NI-KKO ROMA OPEN TAEKWON-DO ITF 2019

Information

Date and Place

The event will be held on:

Saturday February 23rd, 2019 – Juniors, Seniors and Veterans Competition

Sunday February 24th, 2019 – Children and Cadets Competition

in the Sportshall **PALATORRINO** located in Via Fiume Giallo 47, 00144 Rome (Zona Eur-Torrino).

How to arrive

The venue is easily reachable from the center of Rome by a 20 minutes travel.

- **Arriving at Railway Station TERMINI** (centre of Rome):

by **TAXI** (Note: take a regular white taxi)

36 min (15.5 Km) / 26 min without traffic

<https://goo.gl/maps/fHBazeUJqhQ2>

by **PUBLIC TRANSPORT**:

Metro B-B1 (dest. Laurentina), get off at Eur Palasport and take bus 777 to Palatorrino (tot. 50 min.)

- **Arriving at Leonardo da Vinci International Airport:**

by **TAXI** (Note: take a regular white taxi)

17 min (19.5 km)

<https://goo.gl/maps/AC9zLvcTR1w>

by **PUBLIC TRANSPORT**:

🚶 🚆 FL1 🚆 FC2 🚌 777 (1 h 20 min, not advisable due to three interchanges)

- **Arriving at Ciampino Airport:**

by **TAXI** (Note: take a regular white taxi)

20 min. (19 km)

<https://goo.gl/maps/G8JFXHc1HvJ2>

N.B.: Click [HERE](#) to plan your traveling in Rome by public transport.

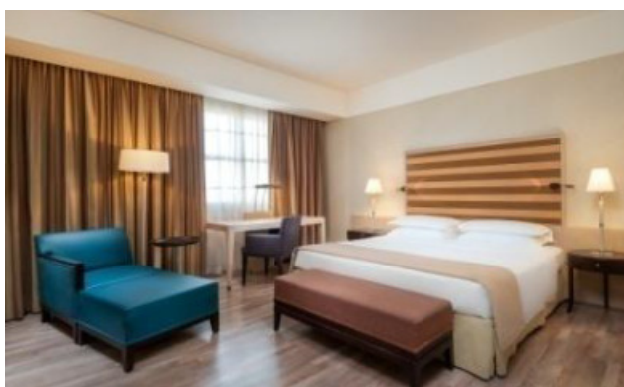


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Accommodation

We have reached a very good agreement with the **Sheraton Parco de' Medici Rome**

Hotel - <http://www.sheratonparcodemedicirome.com/it>



You may book directly online <http://www.sheratonparcodemedicirome.com/it>

using the following code : **Taekwon-do**

Prices per room	Single	Double or twin	Triple
Room Only	€ 50,00	€ 64,00	€ 90,00
BED & Breakfast	€ 60,00	€ 80,00	€ 114,00

Plus city tax : € 6.00 per person per night

Some other hotels close to the venue are:

- Holiday Inn Rome - Eur Parco Dei Medici
- Rome Marriott Park Hotel
- Novotel Roma Eur

In addition, many B&B are available around the venue.



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The Sportshall PalaTorrino

The Sportshall **PALATORRINO**, located in Via Fiume Giallo, 47, 00144 Rome (Zona Eur-Torrino), hosts many national martial arts events.



Main Sponsor



Other Sponsors





NI-KKO ROMA OPEN TAEKWON-DO ITF 2019

Competition – ONLY FOR MEMBERS

Other ITF Federations may apply requesting permission through the  National Association

Competitors must be in possession and accept the following in order to participate:

- ITF dobok
- To accept the competition rules.
- To accept that the organizers may modify a division and/or category based on the numbers of competitors.
- Medals will be given to 1st, 2nd and one 3rd place winner.
- For other matters the ITF competition rules will be observed.

Age Divisions - AGE IS BASED ON BIRTHDAY DATE (not on year of birth)

- **Children** (6 - 11 years)
- **Cadets** (12 – 14 years)
- **Juniors** (15 – 17 years)
- **Seniors** (18 - 35 years and above)
- **Veterans** (36 years and above)*

* Veterans wishing to compete in the Senior category are allowed to do so but then they cannot compete in the Veterans categories.

Inscription / Payments

Inscription for this event must be done online through Sportdata: www.sportdata.org/taekwondo_itf

- Closing of the online inscription on Monday 18th February, 2019 at 11:00 am
- Draws will be online on Wednesday 20th at 23:00 on www.sportdata.org/taekwondo_itf
- Payments of the competition inscription fees must be done in cash at the weigh in by the person in charge for the team/school
- With the enrollment closed, all registered athletes will have to pay the registration fee.

N.B.: Each Club Director is responsible for the correct online registration of his/her athletes. Please check your lists carefully!



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Competition Entry Fees

Children and Cadets

- Pattern, Sparring and High Jumping Front kick: **30 €**

Juniors - Seniors - Veterans

- Juniors, Seniors and Veterans - colored belts (Pattern and/or Sparring): **35 €**
- Juniors, Seniors and Veterans - black belts (Pattern and/or Sparring): **40 €**

Umpires

Any School/Club/Gym must participate with Umpire(s) according to the following:

- Up to 7 competitors: **1 Umpire** / More than 8 competitors: **2 Umpires**

School/Club/Gyms that **do not** participate with any Umpire(s) shall pay - **with no exception** - the amount of **75 €** for any missing Umpire according to the number of competitors.

- Umpire outfit : dark blue or black pants, white shoes. A polo shirt will be provided by our sponsor.
- Umpires will be provided with lunch and shall receive compensation based on the job and position done.

Coaches

- Coaches outfit: track suit, sport shoes, towel.

Inscription Fees Payment and Weigh In for Juniors, Seniors and Veterans

The Inscription fees payment and weigh in for **Juniors, Seniors and Veterans** will take place at

Sportshall PALATORRINO, Via Fiume Giallo 47, Roma

Friday 22/02/2019 hrs 17.00 - 22.00

Saturday 23/02/2019 hrs 07.30 - 08.30



PLEASE NOTE: FOR THE BEST OF THE ORGANIZATION WE STRONGLY RECOMMEND TO PROCEED FOR REGISTRATION AND WEIGH IN ON FRIDAY (hrs 17-00-22.00)



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N.B.: Competitors **NOT** making the weight might be moved to another category with an extra penalty fee of € 25,00.

Each Club Director is responsible for the correct online registration of his/her athletes. Please check your lists carefully!

Draws will be available on Wednesday 20th, 2019 at 23:00 hrs on www.sportdata.org/taekwondo_itf

At weigh in **ALL** Competitors must wear dobok trousers and a T or polo shirt.

A tolerance of kg. **0,500** is accepted.

Inscription Fees payment, Height measuring for Children and Weigh In for Cadets

The inscription fees payment, Height measuring for Children and Weigh In for Cadets will take place at the Sportshall Palatorrino at the following settled time:

Sunday 24/02/2019 from 7.30 am to 9.00 am

At weight and height measuring **ALL** Competitors must wear dobok trousers and a T or polo shirt.

A tolerance of kg. **0,500** is accepted.

N.B.: Competitors **NOT** making the weight/height might be moved to another category with a extra penalty fee of € 25,00.

N.B.: Each Club Director is responsible for the correct registration of his/her athletes. Please check your lists carefully!

Sparring Equipment

Competitors must have the following equipment:

- Hand and foot gear (color not important)
- **Red and Blue Head** gear depending on the draw
- Transparent mouth guard
- Groin guard (worn inside the dobok trousers).

Protest

The coach is the only one that might present a protest according the ITF Tournament rules.

Protest fee: 100 €



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Competition Program – Saturday February 23rd, 2019

COMPETITION ONLY FOR JUNIORS, SENIORS AND VETERANS – ALL BELTS AND DIVISIONS

07.30	Opening of the Sports Hall
07.30 - 08.30	Registration and Weigh In (*)
08.00	Umpire meeting
08.45	Participants Lining up / Opening and speech
09.00	Competition starts
20.00	Competition ends

(*) PLEASE NOTE: FOR THE BEST OF THE ORGANIZATION WE STRONGLY RECOMMEND TO PROCEED FOR REGISTRATION AND WEIGH IN ON FRIDAY hrs 17-00-22.00 (see page 7)

Competition Program – Sunday February 24th, 2019

COMPETITION ONLY FOR CHILDREN AND CADETS – ALL BELTS AND DIVISIONS

07.30	Opening of the Sports Hall
07.30 – 9.00	Height measuring and Weigh In
08.30	Umpire meeting
09.15	Participants Lining up / Opening and speech
09.30	Competition starts
17.00	Competition ends



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Divisions/Categories

Children (6-11 years) on Sunday 24/02

Individual Pattern / Individual Sparring / High Front Jumping kick /Children

Pattern Divisions:

- Pulcini /Chicks 6-7 years old (one category M/F)
- Draghetti /Dragons 8-9 years old (one category M/F)
- Speranze /Kids 10-11 years old (one category M/F)

White belt/White superior	Competitor free choice	from	Saju-Jirugi	to	Chon-Ji
Yellow belt/Yellow superior	Competitor free choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor free choice	from	Chon-Ji	to	Yul-Gok
Blue belt /Blu sup.	Competitor free choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red sup.	Competitor free choice	from	Chon-Ji	to	Choong-Moo
Black Belt	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be inserted in another category.
- Awarding will be presented right after the ending of each competition division/category.
- Each bout consists of **one** pattern only.

Children Individual Continuous Sparring – No punching to the face!!

Individual Sparring - Divisions

- Pulcini /Chicks 6-7 years old - Male
- Pulcini /Chicks 6-7 years old - Female
- Draghetti /Dragons 8-9 years old - Male



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- Draghetti /**Dragons** 8-9 years old - Female
- Speranze /**Kids** 10-11 years old - Male
- Speranze /**Kids** 10-11 years old - Female

Groups:

- Group 1 white belts, yellow and green belts
- Group 2 blue, red and black belts

Height Class:

- Pulcini /Chicks (6-7 years) -125 cm / + 125 cm
- Draghetti /Dragons (8-9 years) -135 cm / + 135 cm
- Speranze /Kids (10-11 years) -145 cm / + 145 cm

Duration of round: 1 x 1.30 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be inserted in another category.

Children High Front Jumping Kick - Divisions

- Pulcini /Chicks 6 years old (one belt category M/F)
- Pulcini /Chicks 7 years old (one belt category M/F)
- Draghetti /Dragons 8 years old (one belt category M/F)
- Draghetti /Dragons 9 years old (one belt category M/F)
- Speranze /Kids 10 years old (one belt category M/F)
- Speranze /Kids 11 years old (one belt category M/F)

Cadets (12-14 years) on Sunday 24/02

Individual Pattern / Individual Sparring / High Front Jumping Kick/Cadets

Individual Pattern - Cadets

Each bout consists of one pattern only.



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Categories:

- Male Cadets 12-14 years old
- Female Cadets 12-14 years old

Cadets (12-14) - Pattern					
White belt/White superior.	Competitors choice	from	Saju-Jirugi	to	Chon-Ji
Yellow belt/Yellow superior.	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior.	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior.	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior.	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II – III degree	Umpire choice	from	Chon-Ji	to	Ju-Che

Individual Sparring - Cadets

Age Divisions:

1. Male Cadets 12-14 years old
2. Female Cadets 12-14 years old

Division Cadets:

- Group 1 white and yellow belts
- Group 2 green and blue belts
- Group 3 red and black belts

Weight Class

- Male -40kg, -45 kg, -52 kg, -60 kg, +60 kg
- Female -35kg, -40 kg, -45 kg, -50 kg, + 50 kg

Duration of round: 1 x 2 minutes



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Individual High Front Jumping Kick - Cadets

Age Divisions and categories:

- Male Cadets / 12-14 years old / one belt and height category
- Female Cadets / 12-14 years old / one belt and height category

Divisions/Categories on Sunday 24/02

Juniors (15-17 yrs) - Seniors (18-35 yrs) - Veterans (+36 yrs)

Individual Pattern

Categories:

- Male Junior 15-17 years old
- Female Junior 15-17 years old
- Male Senior 18-35 years old
- Female Senior 18-35 years old
- Male Veterans 36 years and above
- Female Veterans 36 years and above

Juniors Individual (15-17 years old) Male and Female					
White belt/White superior.	Competitors choice	from	Saju-Jirugi	to	Chon-Ji
Yellow belt/Yellow superior.	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior.	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior.	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior.	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II – III degree	Umpire choice	from	Chon-Ji	to	Ju-Che



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Seniors (18-35 years old) Individual Male and Female					
White belt/White superior.	Competitors choice	from	Saju-Jirugi	to	Chon-Ji
Yellow belt/Yellow superior	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior.	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior.	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior.	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Black III degree	Umpire choice	from	Chon-Ji	to	Choi-Yong
Black IV-VI degree	Umpire choice	from	Chon-Ji	to	Moon-Moo
Veterans (36 years and above) Male and Female					
Colored belts - one division from white belt to red belt.	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black Belts - one division	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be inserted in another category.
- Each bout consists of one pattern only.

Individual Junior Sparring

- Group 1: white, yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class - Group 1, 2, 3

- Male -45 kg, -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg.
- Female - 42 kg, -48 kg, -55 kg, -62 kg, + 62 kg.

Duration of round - Group 1 and 2 : 1 x 2 minutes

Duration of round - Group 3 : 2 x 2 minutes



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Individual Senior Sparring

- Group 1: white, yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class - Group 1, 2, 3

- Male -57 kg, -63 kg, -70 kg, -78 kg, -85 kg, +85 kg.
- Female -50 kg, -56 kg, -62 kg, -68kg, +68 kg

Duration of round - Group 1 and 2 : 1 x 2 minutes

Duration of round - Group 3 : 2 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be inserted in another category.

Individual Veteran Sparring

- Group 1: white, yellow and green belts
- Group 2: blue, red and black belts

Weight classes - Group 1 and/or 2

- Male -70 kg, +70 kg.
- Female -55 kg, +55 kg

Duration of round - Group 1 and 2 : 1 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be inserted in another category.

Attention please: participation is at your own risk. The organization is not responsible for any injury or other matter which might happen during the event. We recommend that your competitors are in possession of an insurance which covers any problem that might occur during traveling and participation to the event.



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BLACK BELT SPARRING WINNERS

Only the 1st place winners of the SENIOR BLACK BELT M/F sparring categories will receive a trophy, and a money award according to the number of sparring bouts.

- * 1 bout in category winner gets € 50
- * 2 bouts in category winner gets € 75
- * 3 bouts in category winner gets € 100
- * 4 bouts in category winner gets € 150
- * 5 bouts or more in category winner gets € 200

We are looking forward to meeting you in Italy, please feel free to ask any question to:
extremefighters1@gmail.com